

IPL Hair Removal

At Soshique Beauty Clinic, we are offering an all-inclusive Smoothskin ™ Membership to make this treatment more affordable to our clients.

French state of the art equipment is used to guarantee the best of results.

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The IPL permanent hair reduction system is a non-invasive, comfortable and safe treatment for the non-lasting removal of unwanted

hair using high intensity light emitted in the form of flashes.



Frequently Asked Questions

How does it work?

Pulsed light, which is turned into heat, is absorbed by melanin (the coloured pigment present during the hair's growth stage) and conducted down the root of the hair destroying the follicle and root in the process without any side effects. This process is termed as 'selective photothermolysis' or 'photodepilation'. Laser works best on dark hair as the target for the energy is the melanin.

Who can benefit from this treatment?

Both men and women can benefit from this light based hair removal. The treatment can be carried out on all types of healthy skin, on all parts of the body. Clinical research conducted in a number of countries over the years confirms the treatment's high success rate (80%) in people choosing this treatment.

How many treatments will I need?

Hair grows in cycles, and pulsed light will only work on growing and mature hairs. Repeated sessions will be needed to treat hairs in successive growing phases. A minimum of five or six sessions, six weeks apart, are needed for facial hair to obtain definitive reduction. Less sessions are needed for larger body areas like legs, arms or back and the time interval is longer between treatments. At each session, there is less hair and the hairs become finer. Touch-up sessions may be needed to treat persistent hairs.

Other conditions that may affect the number and success of the treatments include age, the colour of the skin (the darker the skin, the more treatments needed) and any hormonal problems or treatment (which may stimulate hair to grow from the dormant stage).

Do I need to take any precautions before the treatment?

It is most important to avoid exposure to sunlight for six weeks before the first treatment and throughout the whole program, to minimize the risk of skin reactions including pigmentation. Two days before , the hair should be trimmed or shaved. Waxing, plucking or epilation should be avoided for at least one to two weeks before, as this removes the hair root. It is also important to discuss any medication or creams you may be using as these may sensitise the skin. A complimentary test patch will always be advised during the consultation.

What actually happens during the treatment?

The area to be treated should be thoroughly cleaned of make-up or creams. You will be given protective glasses during the treatment to protect your eyes from the strong flashes.

Photos may be taken immediately before the session – these will be used for comparison purposes only

What should I expect after the treatment?

Some redness and possibly swelling of the treated area is expected after the treatment; this should not last more than a day. Any skin irritation can be minimized by use of ice and cooling gels .A mild steroid cream may be prescribed if indicated. Again, it is important to apply sunscreen for the weeks after the session. The hair may take a few days to fall out if it is thick, or may appear to 'grow again' a few days after the treatment-this is actually dead hair being pushed out of the skin.

Before the next session, only shaving, trimming or depilation of any appearing hairs is allowed; waxing and plucking may affect the hair cycle.